



north coast GP training



www.ncgpt.org.au



The holistic approach NCGPT takes to training each and every registrar is unique. Not only do they provide you with an excellent education that is tailored to your specific needs, they also recognise that the general health and wellbeing of the registrar is paramount to becoming an excellent GP.

*NCGPT Registrar
Dr Heidi Spillane*

North Coast GP Training

North Coast GP Training (NCGPT) is an award-winning regional training provider of general practice education, located on the beautiful North Coast of New South Wales.



NCGPT delivers personalised, supportive and innovative training programs designed to give our registrars the clinical, practical and personal skills they need to become exceptional GPs.

Based on the picturesque North Coast of NSW, our region boasts world-renowned beaches, a great climate, culturally-rich towns and a high quality of life in, arguably, Australia's number one location.

Our team of highly-skilled medical educators are all practicing clinicians with diverse skills and an extensive range of experience and knowledge. They are not only passionate about their teaching, but provide an exceptional level of support to all registrars in their care.

We hold regular educational and social events to ensure our registrars get to know each other and the region.

Our training practices and their GP supervisors are carefully selected to ensure all registrars are placed in inspiring and supportive environments where excellent mentoring can take place.

We invite you to come and train with us on the North Coast and experience exceptional training, outstanding support and a fantastic lifestyle.

www.ncgpt.org.au/why-ncgpt to see why NCGPT is such a great place to be.

This booklet provides a brief overview of North Coast GP Training. Make sure you check out our website at www.ncgpt.org.au for further details and click on the video links to hear what some of our past and present registrars have to say about their experiences with us.

Location and Lifestyle

North Coast GP Training's region is a vibrant mix of people and landscapes – glorious beaches and hinterlands of rich farmland, spectacular mountain valleys and pristine rainforests.



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NCGPT and the local practices are really supportive of families, with flexible training and work opportunities. It's one of the main reasons we moved here and we've found everything just great.

NCGPT Registrar
Dr Jo-Anne Adendorff

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The NCGPT region stretches from just below Port Macquarie in the south, to the Queensland border in the north and west to the Great Dividing Range. The North Coast is one of the state's fastest growing and most progressive regions. The unique sub tropical climate makes it the perfect home all year round.

Our region is renowned for its World Heritage-listed national parks, surf culture, whale watching, performing arts, festivals, crafts, colourful weekly markets and an abundance of leisure activities.

In recent years, the region has become the “sea change” capital of Australia with the arrival of thousands of families fleeing the stresses of the city in search of a more relaxed, community minded and fulfilling life.



There is a broad range of diverse communities throughout the region, each with its own unique character and identity. Being part of a North Coast community brings many personal and professional rewards not generally found in larger metropolitan areas. Rural living offers a strong sense of community and togetherness, with more time for social activities with family and friends.

Being a rural registrar also offers a wealth of experiences that city registrars are rarely exposed to.

Benefits

- Within driving distance of Sydney or Brisbane.
- The Gold Coast international airport and regional airports at Coffs Harbour, Port Macquarie, Lismore and Ballina provide quick and easy access.
- More than twenty hospitals including four major teaching hospitals at Tweed Heads, Lismore, Coffs Harbour and Port Macquarie.
- Three university campuses and two University Departments of Rural Health.



www.ncgpt.org.au/the-location to hear what our registrars think about living on the North Coast.



The North Coast must be one of the best places to live in Australia. The climate is beautiful most of the year, with some of the best beaches around, great food and great restaurants.

*NCGPT Registrar
Dr Marcus Hewitson*



Educational Programs

We offer a broad range of innovative and award-winning programs across our three training nodes.



North Coast GP Training delivers the Australian General Practice Training (AGPT) program across the three training nodes at Ballina, Coffs Harbour and Port Macquarie, with senior medical educators in each location.

We offer training towards all three fellowship options (FRACGP, FARGP and FACRRM) in both the rural or general pathway.

NCGPT prides itself on the quality of its programs and we continuously evaluate and enhance these programs in response to feedback from our registrars. All training is learner focused, experiential and face-to-face using practical, flexible and engaging learning experiences.



See why we're second to none at www.ncgpt.org.au/the-training-program

Opportunities with NCGPT

We pride ourselves on not only providing the highest quality training, but also a diverse range of opportunities.



“The education program is head and shoulders above anything else I’ve experienced. The workshops and release days are fantastic with small groups and lots of input. The NCGPT exam pass rate is testament to the excellent education program.”

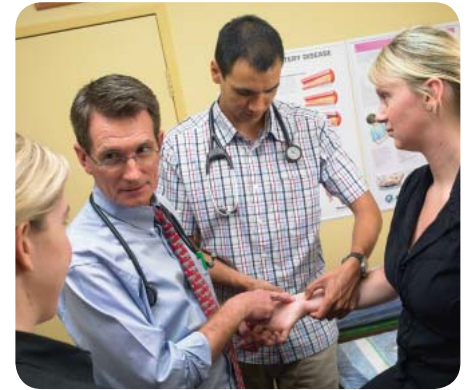
*NCGPT Registrar
Dr Katherine Dent*

Here are some of the many opportunities available to you at NCGPT:

- The Australian General Practice Training (AGPT) Program.
- Prevocational GP Placement Program (PGPPP).
- Advanced rural skills and procedural training in disciplines including:
 - Mental Health
 - Emergency Medicine
 - Surgery
 - Anaesthetics
 - Obstetrics and Gynaecology
- Assignment to training practices with special areas of interest including; Adolescent Health, Sports Medicine, Women’s Health, Complementary Medicine, Sexual Health, Paediatrics and Infectious Diseases.
- Indigenous Health training as an extended skill or ARSP.
- Targeted emergency training skills for VMO registrars.
- Academic and research posts through close relationships with the Northern Rivers University Department of Rural Health and the UNSW School of Rural Health.
- Clinical training grants for courses in Trauma, Emergency, Advanced Paediatric and Obstetric Life Support as well as grants for diploma courses in Paediatrics and Sexual Health and Family Planning.
- The North Coast offers opportunities for greater responsibility and more comprehensive patient care than metropolitan areas with a wider range of patient presentations. This equips our registrars with a broader skill set, the confidence to problem solve and the opportunity to use higher level medical and procedural skills.

Medical Education Team

Our medical education team has an extensive range of experience and knowledge and is committed to delivering sessions in fun, inspirational and supportive environments.



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The staff at NCGPT are exceptionally accessible and that's been fantastic, they've accommodated every whim that I've had, including helping to organise my academic term.

Dr George Forgan-Smith

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Our medical educators are all practicing and dedicated GPs who deliver a program designed to give registrars the very best in clinical, practical and personal GP skills. There is a strong emphasis on interactive workshops and all teaching is done face-to-face to foster the development of friendships, a network of contacts and teamwork.

Our medical education team also provides practical exam preparation sessions and support for both the written and clinical exams, giving our registrars a strong track record of success in the College exams.

Training Practices

Our registrars receive excellent supervision and in-practice teaching at over 45 training practices across the region. Our GP supervisors are carefully selected to ensure all registrars are placed in safe, nurturing and supportive learning environments. This is important because these supervisors deliver the majority of teaching and provide registrars with one-on-one instruction, supervision, support, feedback and advice.

Our medical education team also run regular education events for our GP supervisors to ensure that they are well supported. They, in turn, can then better support our registrars to become confident GPs.



Be Challenged

NCGPT registrars have great adventures and have gained some amazing skills and experiences by taking on all kinds of challenges:

- Katie signed up for 12 months with the Royal Flying Doctor in Broken Hill.
- Heidi volunteered with Medics Sans Frontiers and spent a year in Africa.
- Our registrars regularly volunteer their time with Camp Quality and are always rewarded by the experience.
- Tim went from Registrar, to Registrar Liaison Officer, to Medical Educator and then NCGPT Board Member.
- Emily became GPET's Registrar Research and Development Officer (RRADO) to help promote research within general practice.
- Sarah spent two months of her training working with Indigenous communities in the remote Pilbara region of Western Australia.
- Our registrars have participated in GP Training Tasmania's "Expedition Medicine" courses.
- Our registrars regularly participate in the training of medical students and fellow registrars.

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NCGPT is an attractive option in sooo many ways! Location, lifestyle and educational opportunities are endless. The support and encouragement received from NCGPT is superb!

*NCGPT Registrar and 2009 RACGP Rural Registrar of the Year
Dr Sarah McEwan*

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What else is there to know?

Registrar Support

We aim to provide exceptional personal and professional support to our registrars throughout their GP training. We also support both full-time or part-time training, depending on the needs of individual registrars.

Our Registrar Support Officer is dedicated to assisting registrars in their relocation to our region, settling into the training program and providing assistance throughout their training.

Applying to the AGPT Training Program

The Australian General Practice Training (AGPT) program is a three or four year full-time registrar training program, funded by the Australian Government. Applications to the AGPT Program open annually in May and close in June. Applicants can apply in their intern year onwards. To check exact dates and determine your eligibility for the program visit www.agpt.com.au.

How to train with North Coast GP Training

When you apply for the AGPT program you will be asked to select a training provider. Make NCGPT your first choice!

Requesting information

For further information about North Coast GP Training visit www.ncgpt.org.au. To contact us go to www.ncgpt.org.au/enquiry-form, or call our dedicated Registrar Support Officer on (02) 6681 5711.



www.ncgpt.org.au/the-support to hear about our level of support.



Why choose NCGPT?

At NCGPT we aim to develop an individualised training experience for each of our registrars. Our training practices cover the full spectrum of general practice experience with a rural edge that ensures extra challenges and interests for registrars.

We have a highly-skilled medical education team of experienced GPs with a passion for teaching. Our GP supervisors are dedicated

to their communities, their profession and to providing exceptional support and guidance for our registrars.

At NCGPT our mission is to assist our registrars to gain the confidence to practice medicine in an environment of their choice, utilising the skills they and their community most need.

*Dr Christine Ahern (right)
Director of Training*





I wanted to work in a variety of situations so I needed to go to a training provider that taught emergency as well as general practice training and NCGPT were able to offer that... the workshops were fantastic and we got some solid learning from experts in their fields... I love that I can work as a rural, procedural GP and live just ten minutes from untouched, world class beaches. I love my lifestyle.

*2008 GPET Registrar of the Year
Tim Francis
FRACGP*



North Coast GP Training

Exceptional training, outstanding support and a fantastic lifestyle

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