

## december 2009

in this issue:

- **Pilbara Time** ● LIME Connection III report ● Welcome to our new Supervisor Liaison Officer!
- Supervisor Workspace ● GPT3 Workshop ● RSO and RLO reports ● ME update ● RACGP Terminology Changes ● Conferences and Workshops ● NCGPT Events ● North Coast Note



This year I can confidently say that with some fine organisational skills I have completely missed the mild winter months that the North Coast of NSW has to offer – I swapped the slightly chillier air for some warmer weather, red dirt and a true medical and cultural experience.

I spent two months in the Pilbara, Northern WA, between June and August. The average temperature during winter is around 30 degrees celcius with the sun shining all day. Warm enough for us 'Southerners' to laze by the pool catching some rays. Sometimes I was even brave enough to have a quick dip - although I did have to deal with the locals looking at me with astonished eyes: "crazy you mob are!" was one of the many comments received when I needed to cool off from the harsh winter sun.

The Pilbara is a place that has always appealed to me. The most pertinent reason for this is that I have family ties there, a father, a brother and sister-in-law, three nephews, and cousins.

The Pilbara is a sacred place where traditional Aboriginal culture is still very much a part of everyday life. This clashes harshly with the strong mining influence that Pilbara is best known for, and creates a very unusual and challenging demographic to work with. Blue collar workers dominate the visible population. Men who spend all their hard earned cash on flash cars and fishing boats – it's nothing unusual to see multiple dusty red Hummers cruising around the lonely streets of Hedland. Some of these men are lucky enough to have their families living with them whilst they work long hours to save towards early retirement. Others spend most weekends on Qantas flights travelling back to see loved ones. The left-overs consume themselves in the drinking culture and end up casualties of late boozy nights at the Pier Hotel.

Despite the unusual characteristics of the place, it draws the interest of many people who are after a change of scenery and it certainly delivers what it promises in that regard.

I first experienced the potential Pilbara has to offer back in my med school days. There is Pilbara legend (I would say grossly constructed by the locals) to say that once you've been touched by the red dust it will forever beckon

you back. So for me, I guess the legend reigns true! During second year medicine, I spent some time at Wirraka Maya, the Aboriginal Medical Centre, and also with the RFDS. On reflection it was probably way too early on in the piece to assist constructively to anyone's medical issues, but it was also a precious time to be exposed to such a wide variety of presentations in medicine, and to experience what potential rural and remote medicine can offer as a career.

I have always wanted to go back to experience the Pilbara as a trained professional. As someone that could actually help out when the severe asthmatic patient walks in the door to draw up the adrenalin when requested and provide airway support instead of saying: "Sorry... what is adrenaline?" I figured there was no better time to make the trip back than when I am still a GP registrar, therefore still requiring supervision, but fresh after having done my exams and numerous ELS/EMST/PHTLS/ALS courses so that I should 'technically' have all the head knowledge to be able to assist and provide a service to the community.

This was certainly the case. After brief conversations with the AMS CEO and sole GP of 12 long years, Dr Pascall Burton, I was enthusiastically advised that I could certainly do my bit to assist. Given that I was their first registrar for many years, and also the first female doctor that they have had for a long time I was quickly put to work. My initial challenge: to put a dent in the 35 pages of PAP smear recalls that had accumulated. I was excited by this challenge!

I did have some initial fears of working in a new practice: new software, working in an AMS, not being able to pronounce the surnames of the patients. These fears were quickly laid to rest however, and I was relieved to find that most patients had usual sounding surnames such as Smith! All these crazy thoughts go through your head when you are about to embark on a new experience, but all the angst was totally worth it.

I was exposed to, and was able to diagnose, conditions that I had previously only read about: syphilis and gonorrhoea in 15 and 17 year old girls, hydatid liver cysts, infected scabies, rheumatic fever, vaginal

fistulas previously incorrectly repaired and not followed up, fourth degree tears, undiagnosed CIN 3 in supposedly hysterectomised women in remote communities. I worked hard and had a ball.

Not only was the medicine interesting and kept you on your toes, but I was also faced with a cultural diversity that we don't see in our 'rural' communities on the north coast:

👉 Transient populations

👉 Overcrowding – why wouldn't extended families live together when the average rental price in the Pilbara is \$1500-\$2000 per week, who can afford that?

👉 Lack of access to services – for example, to get advice about orthopaedic x-rays I would have to load it on PACS and send it electronically to Perth, which is a 24 hour drive away, for an overly busy orthopaedic registrar to take time out to have a look at it and call me back to let me know if the patient needed to be flown down to Perth for definitive treatment or if we can manage it locally. It is not unusual for this process to take one to two days, and sometimes the patient story needs to be repeated as by the time they get back to you there is be a new registrar on call. All of this for one patient... lucky I was on a salary!

There are numerous other challenges too. Waiting times to see psychologist can be anywhere up to six months. So what do you do when you have an acutely depressed (non suicidal) patient sitting in front of you who has no money, no where to live, and multiple other medical issues? You improvise – something that is required of a rural GP in many settings. You do your best with what you've got. This is what makes our job one of the most challenging, rewarding and ever-changing in the world.

Lucky for me, I love what I do. I loved spending time with my family whilst I was there. I loved the cultural exchange that I was able to experience with my patients. I loved the fact that my services were so desperately needed in that community, and I felt confident providing them with the knowledge that I have. I loved the uncertainty, not knowing everything or exactly what something was. This is a weird one,

continued on next page.

continued from previous page.

but I loved that my supervisor, who has worked in this community for 12 years, was also perplexed about certain conditions – it was reassuring to know that I am not completely stupid! I loved learning something new every day. And I loved that my patients were coming back to see me and would wait for hours if necessary to see “that woman doctor one”.

That's the rural medicine that I love. And that's the kind of experience I encourage all registrars to attempt to have at some stage during their training. Put yourself out there, challenge yourself, assist a community or population desperately in need. You might be pleasantly surprised!

Article by Sarah-Jane McEwan  
NCGPT registrar and 2009 RACGP  
Rural Registrar of the Year



Sheila and Resharn (patients from Warralong)



Sarah and Um-ma-Mah (patient from Warralong)

## Welcome to the new SLO!

A very warm welcome to Dr John Vaughan, who is joining NCGPT as our new Supervisor Liaison Officer. John will work closely with the NCGPT supervisors to discover any areas of concern or need, and communicate these with the NCGPT Medical Education team, to in turn ensure that supervisors are able to provide the best possible support to our registrars.

### John, introduce yourself!

After completing pharmacy at Sydney University, I went on to study medicine, graduating in 1978. I worked at Royal Newcastle Hospital as an intern and RMO. I moved on from there to work at the Aboriginal Medical Service in Redfern and then at Purfleet, near Taree, as the first MO at that AMS.

I entered general practice in 1981 on the central coast and became a supervisor circa 1985. After 24 years of running my own practice in partnership and spending time supervising registrars and medical students from Newcastle and Sydney, I left in January 2006 to work in the Torres Strait as an SMO until January this year.

I am now working back in Camden Haven, where I was born and raised, and enjoying it immensely. I am particularly keen to continue teaching registrars and medical students and believe my many years experience as a supervisor, practice principal and work experience in Indigenous health equips me well to represent the hard working supervisors involved with North Coast GP Training.

If you have any questions or concerns please email [slo@ncgpt.org.au](mailto:slo@ncgpt.org.au)

## LIME Connection III: Melbourne, 2-4 December 2009

I recently attended the LIME Connection III conference in Melbourne, held on 2-4 December 2009, as a delegate for North Coast GP Training. LIME stands for 'Leaders in Indigenous Medical Education'.

The aim of the LIME network is to be a dynamic network dedicated to ensuring the quality and effectiveness of teaching and learning of Indigenous health in medical education.

The LIME Connection III conference provided an opportunity in which quality review, professional development, networking, capacity building, and advocacy to come together.

This year's conference had some of the leaders in Indigenous health education speak of their approaches to integrating this medical education into workplace training and techniques to drive continuous improvement in outcomes for Indigenous health.

The conference was well attended and there were Indigenous delegates coming from as far as Canada, Hawaii and New Zealand.

A highlight from the conference was the attendance of the Ngangkari's (Aboriginal traditional healers) from Central Australia who provided insight and teaching into some of their traditional healing practices.

I was inspired by some of the amazing things that my fellow Indigenous colleges are doing to help “close the gap”. And elated to see some of the first of Australia's Indigenous doctors be recognised for well deserved awards for their tireless commitment to Aboriginal health.

LIME Connection III provided me the opportunity to learn more about Indigenous medical education and to strengthen and expand my professional networks and supports in this area. It was great to hear about the innovations to address workforce issues to share stories and to commit to action.

Visit [www.limenetwork.net.au](http://www.limenetwork.net.au) to read more about the LIME Network.

Sarah-Jane McEwan  
NCGPT registrar

If you have a story to share from a recent conference, send it through to [renees@ncgpt.org.au](mailto:renees@ncgpt.org.au)

On Saturday 12<sup>th</sup> December, 11 GPT3 and GPT2 registrars came together with Peter Silberberg and Christine Ahern to experience the inaugural GPT3 "ticket to ride" workshop.

The first part of the day was devoted to a reflection exercise focusing on "where have I come from" and "where to from here".

We have a culturally very rich group of registrars and some very different stories were shared.

In the afternoon each registrar presented a five minute teaching session demonstrating excellent skills and understanding of the principles of adult learning!

We learned skills as diverse as coffee making, to concept drawing, flying paper planes and greeting each other in Spanish and other languages.

Stimulating new pathways in our brain by learning totally unfamiliar skills apparently enables us to learn and retain information in all areas including medicine! We shall see!

We ended the day with a drumming session, which again was a totally new exercise for most of us.

Creativity is essential to keeping the mind healthy!

We will run this session again next year, but in the meantime, the ability to manage a practice and learn good business skills is emerging as a priority for many registrars.

We will certainly run workshops in this important area during 2010.



**Sharing is caring.** One of the things which supervisors tell us that they enjoy the most about our supervisor workshops is the opportunity to share ideas and experiences with their peers. Over the years, there have been many opportunities for supervisors to talk about their favourite teaching session, and describe how they plan and deliver it within their practice.

Our supervisor team is committed to passing on their knowledge and experience to our registrars. Many of them speak about how their teaching role helps to sustain them in general practice. But it is a big responsibility, added on to an already big workload.

All of us in the office at NCGPT are aware of the extra strain teaching responsibilities can put on our supervisors and their practices. We spend much of our energies attempting to ease some of this strain.

The launch of the NCGPT Supervisor Workspace at this year's Supervisor's Workshop was one such example of an attempt to ease some of the strain. Our Supervisor Workspace is a shared on-line platform containing outlines of teaching plans for supervisors to use in guiding their weekly teaching sessions with their registrars.

There are currently over 50 such teaching plans available on the Workspace. This represents an outline for one teaching session each week for a year! Topics range from Diabetes to Youth Health to Complimentary Medicine.

All of the teaching plans have been written by supervisors, for supervisors. And all of our supervisors have now been invited to join Workspaces. Once joined, a supervisor is able to access all the teaching plans. It is possible to add more information to a teaching plan as they are used. In this way, the plans can be living documents, with input from a number of supervisors.

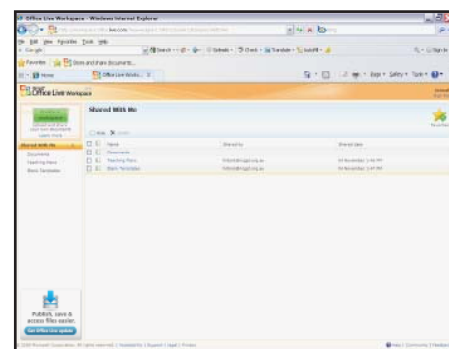
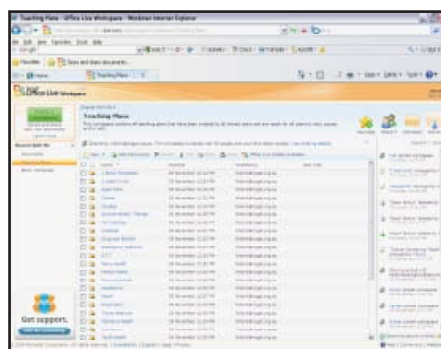
In addition, we have developed a new Teaching Incentive Payment (TIP) program activity for supervisors who write a new plan on a topic not yet included in Workspace. Payment of \$110.00 for each new plan written is available.

I am hopeful that Workspaces will help to ease some of the strain for our supervisors. Rather than having to come up with new teaching sessions all the time (or deliver the same old, same old sessions year in, year out), they are now able to benefit from the thinking and experience of their colleagues in a way not previously possible. I hope that this will also give all our supervisors a sense of community with each other.

Questions about accessing the NCGPT Supervisor Workspace should be directed to our resident Workspaces whiz-kid:

**Jennah Saville** T: 02 6681 571 E: [jennahs@ncgpt.org.au](mailto:jennahs@ncgpt.org.au)

Below: images that give you an idea of what the Supervisor Workspace looks like.



# RSO Report from Sue Gramza

HO HO HO! Merry Christmas to all!

A BIG congratulations to those of you who sat and passed your exams this term, what an amazing achievement!

By now, all registrars should have submitted paperwork for a new provider number. If you haven't returned your paperwork for your provider number, it is likely that you will not be able to commence your next term on the start date of 18 January 2010. Please contact me ASAP if you have not yet submitted your paperwork.

Re-enrolment forms are also due back as this edition of 'The Post' goes to press. If you have not yet returned these to NCGPT please do so to ensure you keep your place on the training program. Please contact me if you have any concerns regarding this.

I'd like to take this opportunity to wish you all a very safe and enjoyable festive season, and look forward to seeing you in 2010! *Sue.*

Don't forget, if you need to contact me for any reason, I can always be reached at T: 02 6681 5711 or E: [sueg@ncgpt.org.au](mailto:sueg@ncgpt.org.au)



# RLO Report from George Forgan-Smith

Hi all!

Yet again another month has flown by so here is a quick review of recent events.

Firstly a big congratulations to all registrars that have completed their exams. It's a big process to go through and I am sure you must be feeling great to have passed this challenge!

For those who have applied to sit their exams in the first semester now is a great time to start thinking study groups. When I sat the exams I found having a regular study meeting a great motivator and certainly valuable in keeping up to date with the latest changes in the medical spectrum. If you are not sure who else is sitting the exams be sure to contact Sue Gramza (contact details above) as she can direct you towards local people that are also looking for a study group.

The GPT3 Workshop was held only just last weekend. I was unable to attend, however I have discussed the event with a number of the attendees and the feedback has been very positive.

Keep in mind that in early 2010 we will be holding a special business orientated workshop to help registrars grasp the future tasks of contract negotiations, setting up a business and also what financial structures will be the best for the future. Given the new climate of the work force agreements there will be a push towards doctors moving away from the "employee" role and this information will be vital for those about to receive their fellowship. More news as this develops.

Given that 2009 is drawing to an end I just wanted to take the opportunity to wish you a happy holiday season and the absolute best for 2010!

Best regards

*George and Katherine.*

**George**

T: 0408 159 418 E: [gefsmith@mac.com](mailto:gefsmith@mac.com)

**Katherine**

T: 0417 429 653 E: [katdent10@hotmail.com](mailto:katdent10@hotmail.com)



# ME Update from Christine Ahern

Like most of you, I am sure, I look back and wonder where this year has gone!

It certainly feels as though it has been the busiest yet, but perhaps I am just slowing down?!

Following a successful recontracting process, we can go forward confidently in the knowledge that NCGPT will survive and flourish for a further three years.

In 2010 we will explore new and better ways to work closely with the GP networks and universities in our region. Already we host medical students at many of our educational events, and for the first time we welcome three students for a week in January, as part of the First Wave Scholarship program. We are also working more closely with NCAHS thanks to the Prevocational GP Placement Program, and look forward to building even stronger links.

The medical education team met in Coffs Harbour mid November to plan next year's program. Taking on board all the feedback from this year's registrars, as well as from our recent graduates, we have made changes to the 2010 program. Early introduction to centrelink forms, chronic pain management and more teaching on sports medicine will be integrated into the program.

Workshops for GPT3s with an emphasis on business management skills are a priority for 2010. We will also include some information about these important issues at our basic workshops. Our education team now comprises a registrar and a very recent graduate, so we are confident that we are capturing registrar needs better than ever before.

Some new ideas for supporting supervisors were 'brainstormed' and Hilton and I will work with our new Supervisor Liaison Officer (SLO), John Vaughan, to see how best to implement these ideas. In the meantime, those supervisors and registrars who have expressed an interest in trialling the electronic resource 'Up to Date, will be doing so during 2010.

Laptops and an electronic copy of Murtagh are also currently being distributed to active teaching practices, to assist with registrar training. We understand how much effort our training practices put into the program and always welcome new ideas on how we can help.

Four medical educators travelled to Sydney in early December to attend the "Mind and its Potential" conference. Every session was challenging, stimulating and rewarding and all agreed we will bring new approaches to the practice of medicine as well as the education program, as a result of this conference.

Finally, congratulations to all our registrars and overseas trained doctors who passed the recent FRACGP exams. This is the culmination of a lot of hard work and represents a fabulous achievement for all of you.

Have a wonderful Christmas and happy new year from the entire Medical Education team!

Remember if you have any questions regarding the NCGPT training program please contact me.  
T: 02 6681 5711 E: [christinea@ncgpt.org.au](mailto:christinea@ncgpt.org.au)



## Take note: RACGP terminology changes

### New terminology

### Previous terminology

<b>GPT1</b>	=	Basic term
<b>GPT2</b>	=	Advanced term
<b>GPT3</b>	=	Subsequent term
<b>Extended skills</b>	=	Special skills term

If you have any questions regarding the RACGP terminology, please do not hesitate to contact your Registrar Support Officer, Sue Gramza T: 02 6681 5711 E: [sueg@ncgpt.org.au](mailto:sueg@ncgpt.org.au)

# Conferences and Workshops

## **Pain Management Multidisciplinary short course, Sydney, 8-11 February and 15 - 18 February 2009**

This two week short course at Royal North Shore Hospital is designed for professionals with an interest in learning about current views and approaches to the assessment and management of pain. More information is available from the Pain Management Research Institute [www.pMRI.med.usyd.edu.au](http://www.pMRI.med.usyd.edu.au) or contact Helen Johnston T: 02 9926 8423

## **Northern Rivers University Department of Rural Health Beginners to Intermediate CBT Workshops, Byron Bay**

15-19 February 2010 - Starting out or doing a bit of CBT?

19-23 April - Basic to Intermediate skills in CBT

17-21 May - Starting out or doing a bit of CBT?

For more information visit the CBT website [www.cbtraining.com.au](http://www.cbtraining.com.au) or contact the NRUDRH T: 02 6620 7570

## **Advanced Life Support, Port Macquarie, 20-21 February 2010**

For more information contact A+A Training Australia T: 0427 774 851 E: [craig.beamish@aatl.com](mailto:craig.beamish@aatl.com)

## **17th Annual Women's Health Conference, Gold Coast, 26-28 February 2010**

For more information visit [http://www.whers.com.au/wp-content/uploads/2009/07/whers\\_broch2010.pdf](http://www.whers.com.au/wp-content/uploads/2009/07/whers_broch2010.pdf) or contact Julie Buchan T: 07 4320 4771

### **Keep your eye out for information on:**

## **GPRA Breathing New Life Conference, Parliament House Day, Canberra, 17 March 2010**

Keep your eyes out in the new year for more information regarding this conference <http://www.gpra.org.au>

## **2010 GPET Convention, Alice Springs, 8-9 September 2010**

Keep your eyes out in the new year for more information regarding the convention <http://www.agpt.com.au>

## **GP'10 (RACGP annual conference), Cairns, 6-9 October 2010**

Keep your eyes out for more information coming to the conference website <http://www.gp10.com.au/>

# NCGPT events

NCGPT Support Towards Fellowship Project

## **OTD exam preparation workshop: get inside the examiner's head**

**30-31 January 2010**

Angourie Rainforest Resort  
Families welcome to attend!

**Registrations close Monday 21 December 2009.**

- ✓ RACGP CPD and ACCRRM PDP points applied for
- ✓ Pre-disposing activity will be forwarded shortly

Contact Liz Degotardi for a registration form

T: 02 6681 5711 E: [lizd@ncgpt.org.au](mailto:lizd@ncgpt.org.au)



## **Beyond the Medical Record: creative writing retreat for doctors**

12-14 March 2010  
Lennox Head, NSW

**Registrations close Friday 12 February 2010.**

To download a registration form visit  
[www.ncgpt.org.au/beyond](http://www.ncgpt.org.au/beyond)



## date claimer: 2010.1 training calendar

18 January	9.00am	<b>Orientation Day</b> All new registrars	Port Macquarie and Coffs Harbour
19 January	9.00am	<b>Orientation Day</b> All new registrars	Ballina
27-29 January		<b>Basic Workshop</b> Three-day workshop GPT1 registrars	Angourie Rainforest Resort
30-31 January		<b>OTD exam preparation workshop</b> Two-day workshop OTDs and GPT3 registrars	Angourie Rainforest Resort
10 February	9.00am	<b>Emergency Medicine</b> Full day release GPT1 and GPT2 registrars	Port Macquarie
18 February	9.00am	<b>Emergency Medicine</b> Half day release GPT1 and GPT2 registrars	Ballina
26 February	9.00am	<b>Emergency Medicine</b> Full day release GPT1 and GPT2 registrars	Coffs Harbour
3 March	9.00am	<b>Immunisation</b> Half day release GPT1 and GPT2 registrars	Port Macquarie
4 March	9.00am	<b>Sexual Health</b> Half day release GPT1 and GPT2 registrars	Ballina
5 March	9.00am	<b>Sexual Health</b> Half day release GPT1 and GPT2 registrars	Coffs Harbour
6 March		<b>2010.1 RACGP written exam</b> Registrars sitting 2010.1 RACGP exam	TBC
17 March	9.00am	<b>Paediatrics</b> Half day release GPT1 and GPT2 registrars	Port Macquarie
18 March	9.00am	<b>Immunisation</b> Half day release GPT1 and GPT2 registrars	Ballina
20 March		<b>2010.1 ACRRM MCQ exam</b> Registrars sitting 2010.1 ACRRM exam	TBC
23 March	3.00pm	<b>Local Supervisor's Workshop</b> Four hour workshop Northern region supervisors	Ballina
25 March	3.00pm	<b>Local Supervisor's Workshop</b> Four hour workshop Port region supervisors	Port Macquarie
26 March	9.00am	<b>Immunisation</b> Half day release GPT1 and GPT2 registrars	Coffs Harbour

continued on next page.

continued from previous page.

<b>26 March (cont.)</b>	3.00pm	<b>Local Supervisor's Workshop</b> Four hour workshop Coffs region supervisors	Coffs Harbour
<b>17 April</b>	9.00am	<b>Trial 2010.1 RACGP OSCE</b> For registrars sitting 2010.1 RACGP exam	Ballina
<b>21 April</b>	9.00am	<b>Dermatology</b> Full day release GPT1 and GPT2 registrars	Port Macquarie
<b>22 April</b>	9.00am	<b>Dermatology</b> Full day release GPT1 and GPT2 registrars	Ballina
<b>30 April</b>	9.00am	<b>Dermatology</b> Full day release GPT1 and GPT2 registrars	Coffs Harbour
<b>5-7 May (TBC)</b>		<b>Combined Sydney Workshop</b> Three-day workshop NCGPT GPT1 and GPT2 registrars	Macquarie University
<b>8 May</b>		<b>2010.1 RACGP OSCE</b> Registrars sitting 2010.1 exam	Ballina
<b>12 May</b>	9.00am	<b>Mental Health</b> Half day release GPT1 and GPT2 registrars	Port Macquarie
<b>20 May</b>	9.00am	<b>Mental Health</b> Full day release GPT1 and GPT2 registrars	Ballina
<b>21 May</b>	9.00am	<b>Mental Health</b> Half day release GPT1 and GPT2 registrars	Coffs Harbour
<b>3-4 June</b>		<b>Life Stages Workshop</b> Two-day workshop GPT1 registrars	Breakfree Aanuka Beach Resort
<b>5-6 June</b>		<b>OTD exam preparation workshop</b> Two-day workshop OTDs and GPT3 registrars	Breakfree Aanuka Beach Resort
<b>9 June</b>	9.00am	<b>Musculoskeletal and Workcover</b> Full day release GPT1 and GPT2 registrars	Port Macquarie
<b>17 June</b>	9.00am	<b>Youth Health</b> Half day release GPT1 and GPT2 registrars	Ballina
<b>24 June</b>	9.00am	<b>Youth Health</b> Half day release GPT1 and GPT2 registrars	Coffs Harbour
<b>26-27 June</b>	9.00am	<b>OTD Consultation Skills Workshop</b> Two-day workshop OTDs and GPT3 registrars	TBC

**Please note: information contained within this calendar update is true and correct at the time of publishing. NCGPT reserves the right to make changes to dates and sessions as necessary. Participants are asked to refer to the NCGPT website for up to date calendar information.**

[www.ncgpt.org.au](http://www.ncgpt.org.au)

## free podcasts

### ABC Health

[http://www.abc.net.au/services/podcasting/subject\\_Health.htm](http://www.abc.net.au/services/podcasting/subject_Health.htm)

### Australian Family Physician Podcasts

[www.podcastdirectory.com/podcasts/19108](http://www.podcastdirectory.com/podcasts/19108)

### BMJ Group (British Medical Journal)

<http://podcasts.bmj.com/bmj/>

### GPRA

<http://www.gpra.org.au/podcasts.php>

### Medical Podcasts

[www.mymedicalpodcasts.co.uk](http://www.mymedicalpodcasts.co.uk)

### National Health and Medical Research Council

<http://www.nhmrc.gov.au/media/podcasts/index.htm>

### PodGP

<http://www.podgp.com.au/>

### RACGP

<http://www.racgp.org.au/AM/Template.cfm?Section=default&Template=/CM/ContentDisplay.cfm&ContentID=17328>

### Rural Health Education Foundation

<http://www.rhef.com.au/podcasts/podcasts.html>

### The PodLounge Podcasting Community

<http://www.podlounge.com.au/category/Medicine/>

### World Health Organisation

<http://www.who.int/mediacentre/multimedia/podcasts/en/index.html>





looking forward to working  
with you throughout 2010!

[click here](#) to check out the NCGPT  
festive hoedown!

Please note that NCGPT will shut down over the festive period.

The office will close from 12noon, Thursday 24 December,  
and will re-open at 8am, Monday 4 January 2010.

See you in the 'noughteens'!